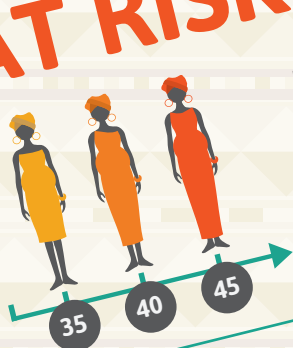


Problematic Pregnancies: Supporting Women at Risk

**Advanced
Maternal Age
(AMA)**

WHO IS **AT RISK?**



Pregnant women
35 years
and older

What are the **HEALTH RISKS?**



Why is AMA **important?**

When access to healthcare is limited, risky health outcomes are increased, leading to...



Poor birth outcomes

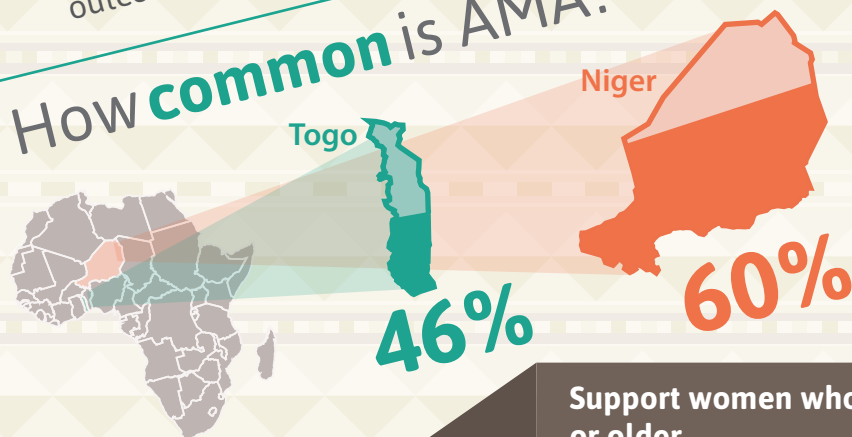


Maternal, infant and fetal mortality



Unhealthy mothers and infants

How **common** is AMA?



Approximately half of women 35 years and older in Togo and Niger report having a child at an advanced age.^{1,2}

What can **YOU** do?

Support women who are at risk of having a pregnancy at age 35 or older.

- Increase funding and expand programs for antenatal care and outreach.
- Prioritize HP pregnancy prevention in national and community family planning programs by:
 - Developing resources for healthcare worker education and support.
 - Developing resources to help young and older women plan to avoid AMA pregnancy.
 - Engaging men and community leaders in communication and awareness creation.
 - Promoting discussion around health risks associated with pregnancy at or after age 35.



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1. Institut National de la Statistique (INS) et ICF International, 2013. *Enquête Démographique et de Santé et à Indicateurs Multiples du Niger 2012*. Calverton, Maryland, USA : INS et ICF International.

2. Ministère de la Planification, du Développement et de l'Aménagement du Territoire (MPDAT), Ministère de la Santé (MS) et ICF International, 2015. *Enquête Démographique et de Santé au Togo 2013-2014*. Rockville, Maryland, USA : MPDAT, MS et ICF International.