

# Problematic Pregnancies: Supporting Women at Risk

High Parity  
(HP)

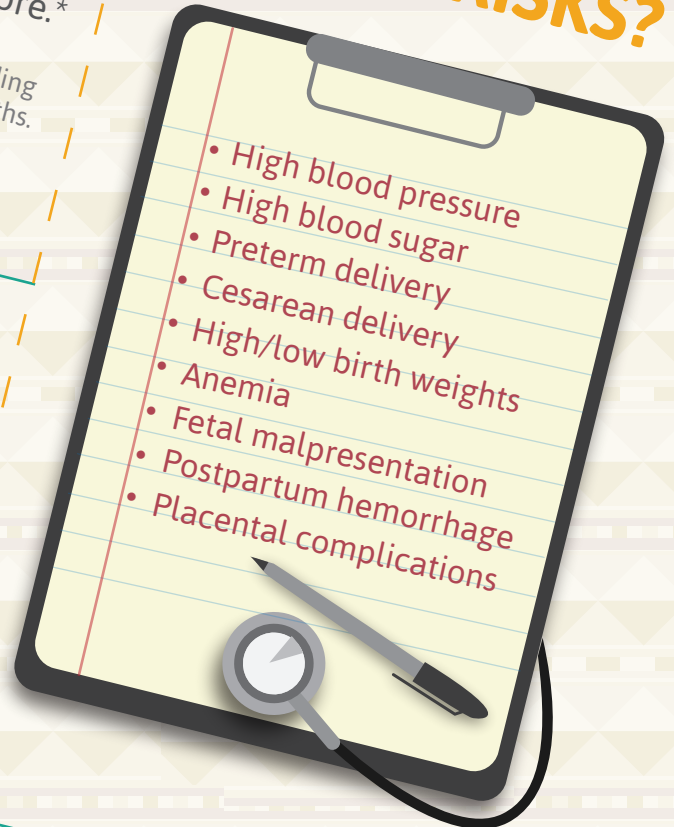
## WHO IS AT RISK?



Pregnant women who have **given birth five times** or more.\*

\*Including stillbirths.

## What are the **HEALTH RISKS?**



## Why is HP **important?**

When access to healthcare is limited, risky health outcomes are increased, leading to...



Poor birth outcomes

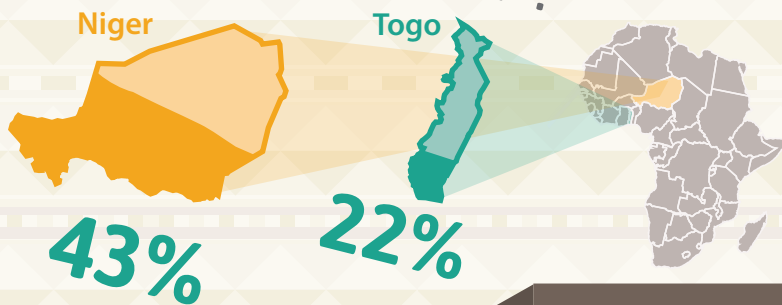


Maternal, infant and fetal mortality



Unhealthy mothers and infants

## How **common** is HP?



**A high proportion** of women in Togo and Niger report to have given birth to five or more children.<sup>1, 2</sup>

## What can **YOU** do?

**Support women who are at risk of having five or more pregnancies.**

- Increase funding and expand programs for antenatal care and outreach.
- Prioritize HP pregnancy prevention in national and community family planning programs by:
  - Developing resources for healthcare worker education and support
  - Developing resources to help low- and high-parity women plan to avoid HP pregnancy
  - Engaging men and community leaders in communication and awareness creation
  - Promoting discussion around health risks associated with HP